Washington D.C.



2017 Trip

Chaperones

- 1. Mr. Frank- Principal/Social Studies
- 2. Ms. Mull- ELA
- 3. Mrs. Valentine- ELA/Social Studies
- 4. Sr. Wickstrom- Spanish
- 5. Ms. Iverson- Art

Woodside Elementary School Program Schedule: April 17-22, 2017								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
UA#408 SFO- IAD 7:30A-3:30P Hotel: Key Bridge Marriott, 1401 Lee Hwy, Arlington, VA 22209 Arrival and Registration Dinner & Orientation at the hotel Introductory Workshop: Get to know your Program Instructor and engage in current issues White House Visit Room Check	kfast art for Jamestown & amsburg estown laceological Site: rve an excavation and artifacts arr Lunch: Dine in af Williamsburg's 18th-century ans lal Williamsburg y Visit: Explore lail Virginia from -1775 led by amsburg's historical preters are at William & rolliam & rolliam ball are to DC an Check	Breakfast Jefferson Memorial: Limited government and the Jeffersonian ideal Franklin D. Roosevelt Memorial: The New Deal & expanded government responsibility Martin Luther King, Jr. Memorial: Civil rights & the citizen's role in shaping policy Lunch at the Ronald Reagan Building Washington Monument (outside) International Spy Museum: Explore the role that espionage has played in world events Dinner at Bertucci's Issues in Congress Workshop: Learn about one of the many bills congress is considering for passage this year Mock Congress and Capitol Hill Preparation: Participate in an indepth simulation of the legislative process Room Check	Breakfast Capitol Hill Visit Group Photo One Meeting with a member of Congress or their staff Explore the Capitol Hill Visitor Center Capitol Tour Lunch at the House of Representatives Cafeteria Visit the Supreme Court & Library of Congress US Holocaust Memorial Museum Study: Students will examine issues of responsibility in the face of mass atrocities Dinner at Busboys & Poets Souvenir Shopping (10th & E Street) Room Check	Breakfast Arlington National Cemetery Study Visit: Witness the Changing of the Guard and see the Kennedy gravesites War Memorials: Visit the Vietnam, Korean, WWII and Lincoln Memorials Lunch & Study Visit at the Smithsonian American History Museum National Mall Exploration Choices include: -Natural History -Air & Space -National Gallery of Art -American Indian Georgetown Neighborhood Visit & Dinner: Explore this historic DC neighborhood and have dinner in small groups Room Check	Breakfast Load Luggage Mount Vernon Study Visit: Visit the beautiful home and grounds of our nation's first president Old Town Alexandria Neighborhood Visit & Dinner: Explore and have lunch in small groups Bus transfer to airport with \$10 for dinner UA#340 IAD-SFO 5:20P 8:05P			



Travel Days

- ★ Departure from school: Be at Woodside on Monday, April 17 by 5:00 AM
- ★ Bus must depart no later than 5:15 AM
- **★** Bring a packed lunch for the flight
- ★ One checked bag under 50 lbs.
- ★ One backpack/carry on no liquids over 3 oz
 - Bagged lunch
 - One change of clothes (just in case!)
 - Medications
 - Valuables
 - Headphones/plane entertainment
- ★ Pick up at Woodside on Saturday, April 22 around 9:00 PM- Room parents will communicate our status

Packing

What to wear?

- ★ Casual dress is appropriate for most of program; please follow the dress codes outlined by your school. We recommend wearing jeans, t-shirts, a sweatshirt/sweater, and light jacket on program.
- ★ Students will dress up for Capitol Hill Day. Recommended attire are slacks/khakis for boys and dresses/slacks/skirts for girls. Do not wear shorts, leggings, or flip-flops.
- ★ PLEASE bring comfortable walking shoes -- program involves a great deal of walking. All students need sneakers or walking shoes.
- ★ The weather in Washington, D. C. can be unpredictable so you may want to dress in layers and pack a small umbrella or rain jacket.

What to bring?

- ★ Students should bring bring one piece of luggage and a backpack.
- ★ Be sure to bring your camera to capture the memories of your Close Up program.
- ★ Think carefully before bringing anything expensive, valuable, or deeply cherished.

Food

- ★ Breakfast, lunch, and dinner provided
- ★ Need a packed lunch for the way to D.C.
- ★ May bring snacks- Please no candy/junk food!
- ★ Nutritious options, with choices at most meals
- ★ Students have been asked about food allergies and needs
- ★ Close Up is officially peanut-free and does not serve any peanut products to students. We ask that each student complete a Close Up provided medical form prior to coming to DC that indicates all allergies, dietary restrictions, special needs, insurance information and parent or guardian contact information in the case of an emergency.
- ★ Our program staff helps each student receive their special meal and/or talk with food vendors to ensure their specific dietary needs are met.

Spending Money

- ★ The amount of spending money varies student to student. All meals in DC are provided, with the exception of a packed lunch which students must bring on our flight from SFO»DC.
- ★ The only additional money needed will be to purchase souvenirs, gifts, or snacks, at the parent/guardian's discretion.
- ★ Students are responsible for any spending money that they choose to bring.

Hotels

- ★ Key Bridge Marriott
- ★ Across the Potomac from Georgetown
- ★ 3-4 people to a room
- \star We are only at the hotels for workshop activities and sleeping.

Rules

- ★ All school rules apply
- ★ No cell phones- only exception is bringing a cell with no sim card to use as a camera/mp3 player. Teachers will communicate with parents via Instagram. Follow @woodsidemiddleschool for updates.
- \star Close Up Policies (703-706-3300 or 800-CLOSE UP):
 - At no time are male students allowed to visit female students' rooms, and at no time are female students allowed to visit male students' rooms (defined as the threshold of the door).
 - Alcohol, smoking, drugs, and weapons are forbidden.
 - Abuse, defacement or theft of property or facilities is prohibited.
 - Students will respect the diversity of opinions expressed by other students and speakers.
 - Students are expected to participant on all program activities.
- ★ Close Up and Woodside School reserve the right to send a student home for breaking rules. If alternate arrangements are necessary, the changes will be at the parent/guardian's expense.

"Don't worry about the hotel rooms or plane seating because you don't spend much time in your rooms and the plane is fun wherever you sit. Listen to the teachers because if they are having fun and everyone is easy to handle, it will make the trip so much better. Have fun with your friends and don't make drama because you'll have more fun with everyone. Lastly, I would say to just make the most out of every moment because the trip goes by incredibly fast and if you can have fun the whole time, it will be a much more memorable experience. Don't get caught up in something that went badly because looking back, you'll probably be able to laugh about it. It was seriously the best time I've ever shared with my classmates and I hope it can be the same for this year's 8th grade!"

- \star Get sleep (go to bed when you're supposed to) because nothing will be fun if you're tired
- ★ Eat enough
- ★ Take pictures of everything
- ★ Don't be dramatic (you'll ruin it for everyone)
- ★ Make sure you're on time for everything (don't make others wait for you)
- ★ Listen when the teachers are talking (usually what they have to say is important)
- ★ BE RESPECTFUL: DC has places that are very solemn and mean a lot to our country and the people of our country. You also never know who is going to be at a memorial or museum, so be extremely careful of what you say and how you act
- ★ If you are going with Close Up, pay attention to some of the activities they have you do. They are very interesting and you will learn a lot.
- ★ Lastly, HAVE FUN! DC was one of the best, last memories I had at Woodside. Cherish this last time with your best friends and don't take it for granted.

- ★ Don't care about what group your best friend or crush is in or anything. It'll be the only thing you're thinking about and it will ruin the experience.
- ★ Don't pod up- hang out with everyone in your grade because after DC, the school year goes by in the blink of an eye.
- \star For people who don't like their room groups: You're barely in there, just read or listen to music.
- ★ For people who do like their room groups: Be respectful to the hotel and other people on the floor by being quiet.
- ★ You don't have to be bawling at every memorial to let people know you're showing respect. Being quiet and reverent goes a long way.
- ★ Sleep! Is! More! Needed! Than! You! Think!!!! Our grade broke down at the sight of any sadness because we were EXHAUSTED. I know it's hard, but a good night's sleep will go a long way.
- ★ Leave drama and problems at home and just enjoy the trip. DC was one of the top 5 best weeks/experiences of my life, so cherish it!!!

- ★ Take advantage of the time you have to rest (especially on early, long bus rides!) because you'll be doing a lot of walking.
- ★ Put your phone away when you're not taking pictures so you can really enjoy the experience and take in all of the knowledge.
- ★ Keep your room organized throughout the trip so you can get ready faster and not be late in the morning. (Make sure to plan a showering schedule with your roommates)
- ★ Eat enough food to get through the day!!
- ★ Pack your backpack and lay out your clothes the night before to make sure you're punctual in the morning.
- \star Wear shoes that are comfortable to walk in all day.
- \star Show reverence wherever you are.
- \star Really cherish every moment on this trip and use it as a time to really bond with your class.

Questions?

- ★ Please take a Close Up overview handout
- ★ If not already done, please return the Georgetown Medical form to Ms. Mull tomorrow
- ★ Presentation available on Ms. Mull's website

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A day in the life...

Thank your chaperones!

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- Ms. Iverson- Art

Airports and Bus Etiquette

- ★ We will operate in public by walking in a single file line in alphabetical order. This will allow us to do a quick count and to keep everyone organized. Remember who is supposed to be in front of and behind you!
- ★ **Be respectful, quiet, and aware in public.** (People have paid a lot of money for flights and are looking to relax or get work done)
- ★ No switching seats on the flight. Bring activities to entertain yourself. Or sleep!
- \star Stay seated on the bus at all times.
- ★ Say hello and thank you to the bus driver!

Line Up!

Addie

Tommy

Henry

Taylor

Julio

Aidan Cooper

Christian

Jake

Jett

Brenda

Kay

Lizzy

Alex

Jesse

Caroline

Karla

Lindsey

Katie

Isha

Paige

Enzo

Dillan

Yumi

Angel

Sam

Juliana

Jana

Aidan Seed

Kai

Markus

Patrick

Jonathan

Rohan

Sean

Cav

Sheona

Don't forget to bring...

- A raincoat or poncho
- A camera (phones are fine, but SIM cards **must** be left at home)
- Any medications you might need (prescriptions, allergies, dramamine, etc.)
- Headphones for the plane
- A lunch for Monday
- A backpack with your lunch, a change of clothes, and anything you'll need on the plane. Put all liquids in your checked bag.
- One nice outfit for Capitol Hill day
- Comfy shoes
- Layers (DC can get cold, as can the buses and planes!)
- A positive attitude :)

What is reverence?

Noun: Deep respect for someone or something.

★ Where are some **places** that we might need to show reverence?

★ What are some **ways** that we might show reverence?

This is **YOUR** trip.

- Only you can decide whether or not it's a good one.
- Be supportive of your peers and understanding when they are tired or cranky.
- Listen to adults when they try to get your attention.
- Follow the rules and procedures- they are in place for a reason.
- Look for the positive in tough situations.
- Be a role model for other students- demonstrate respect and thoughtfulness.
- Soak in everything around you.
- Have FUN!